

Intro: This is the Work-At-Home Heroes podcast. Your host, Caitlin Pyle, digs deep with people from all over the world who make money from home. Get ready to wake up to a world of possibility for freedom, flexibility, and a life you'll love.

Caitlin Pyle: Well, hey, everybody. Welcome back to another episode of the Work-At-Home Heroes podcast. I'm here with Lisa Eldridge, and she's a very, very special Lisa. She is the transcriptionist that worked with us on the Work-At-Home Summit, and she's also the transcriptionist who transcribes this podcast. And so if you're a fan of reading stuff more so than listening to stuff, then we have Lisa to thank for that. And just a little bit more about Lisa before we say hi to her here, she is a homeschooling mom of four. She's been married to her husband, David, for about eighteen years, and she's been in the transcription space for over eleven years. She started at first with medical transcription, and then she did that for four years, switched to general transcription, and has been working in that space for the past seven years. Lisa, welcome to Work-At-Home Heroes.

Lisa Eldridge: Thank you, Caitlin, for having me. It's a pleasure to be here.

Caitlin Pyle: So where are you living currently?

Lisa Eldridge: We live in Kansas, and like you said, I've been married to David for eighteen years. We have four kids. We've been homeschooling for about eleven years now, so life is very busy.

Caitlin Pyle: Yes, and you guys listening right now who are thinking, hey, I have four kids; I'm married; I live in Kansas, whatever your excuse is for not working at home, we're about to bust them with the help of Lisa, so I'm really glad you're here. So tell us a little bit more about your life. What kind of stuff do you do as a mom? And then how do you fit your transcription work into that?

Lisa Eldridge: As a mom, especially a homeschooling mom, I'm busy with lesson planning, grading papers, and all those kinds of things. So our mornings are usually pretty laid back. We don't have anywhere to be. It's kind of nice. I spend time with particularly my younger children in the afternoon. That's when I start their schooling. My older two, they're pretty self-taught at this point, self-led, but I'm here if they need me. I also, in my spare time when I can find that, I do enjoy reading, and I enjoy baking quite a bit. I also enjoy gardening. I have a blog that's been sadly neglected of late, but I do enjoy writing on there as well. That's a little bit about what I do.

Caitlin Pyle: Awesome. Well, let's just talk about the transcription side of things. How did you get into transcription?

Lisa Eldridge: About fourteen years ago when my older two were very young—they were 1 and 2 years old—I knew I needed a means to supplement my husband's income because those were some pretty lean years. So I just – I wanted to do something

to help out, but I knew that I didn't want to work outside the home because we'd have daycare costs and transportation costs, and it just didn't seem to be a feasible option. Well, one day we had a friend over, and he was talking to us about this job called medical transcription, something I had never heard of before, and he said that the woman he was talking to who did this was able to work from home, and I thought, Wow, that's amazing. So I did some research and discovered that, yeah, it was a viable means of making an income, and you didn't have to go anywhere. You could, but you could make money from home just doing it on your computer.

So I took a course, a medical transcription course, and it took me about six months to complete that, and it wasn't too long after that that I was able to get a job doing medical transcription, and so I did that for about four years. And then when my older two were getting into their elementary years of school and life was just busy, busy, I needed a job that was not going to be so rigid. While I had the opportunity to work from home doing medical, at that particular job I had, I had to work set hours in a day. So I wanted something that would give me some more freedom, some more flexibility.

And so I didn't know exactly where to look for a medical transcription job, but that's one of the nice things about working from home is that you don't have to work locally. So I looked on Craigslist, looked for different transcription jobs. I was thinking specifically medical since that's what I knew, but I didn't limit myself to that necessarily. And there was lady who contacted me. She lives out on the East Coast, and despite me not having any specific general transcription experience, she went ahead and taught me the ropes of that. She gave me a chance and taught me what I know about general transcription. So that's how I ended up where I am now, and I've been working for her for about – almost eight years now.

Caitlin Pyle: Yeah, and you were in transcription back when medical transcription was hot, but technology was not up to date, so you were doing your practice dictations on micro cassettes.

Lisa Eldridge: Yes!

Caitlin Pyle: And now a lot of the medical transcription, as you know, has been outsourced, and so there's been a lot of hullabaloo in the industry about, hey, what's next for transcription? The reality is it's general transcription, and working with people like me who have small businesses that need things transcribed, every video I do just about unless it's a Facebook Live gets transcribed. Every interview, every podcast I do gets transcribed because Google likes words.

People ask me all the time. People ask Janet over at Transcribe Anywhere – with her, she has a legal and a general transcription course. They ask, Is there a demand for transcription? And the answer is yes because I use it all the time,

and I can only imagine if I have so much need for it that everybody else with bigger businesses, much bigger businesses than me, has need for it as well with the proliferation of video. It's just crazy with how much is there, and Google doesn't index video. You have to have words with it, and the best way to have words is just have it transcribed, and it's so helpful. And for people who have hearing issues or just don't like listening or don't like watching videos, and I am one of those people. It's funny because I do a podcast. I do Facebook Lives. I do summits.

I've done all this stuff because people ask me for it, but I know that I don't listen to podcasts. I don't necessarily attend summits. I don't watch Facebook Live videos. I don't watch videos on my Facebook feed. I don't watch videos. I read stuff. I'm a words person, and so there is a huge demand for that. Just because there is all this media out there saying that video, video, video is the way to go, text is and still will remain king because that is what is indexed by Google. So let's talk about what your life looked like way back before you started working at home. You are veteran at this, so I know it's probably hard to remember, but it probably wasn't as – well, I'll let you tell us about it. What was it like before you started working at home for you?

Lisa Eldridge: Right, yeah, it was a long time ago. It was busy. My older two were really young, so there was a lot of just keeping them alive, feeding them, nap times, all those kinds of things that attend life as a mom with two very young children, so it was busy. And it's still busy now. It's just a different kind of busy.

Caitlin Pyle: I love it, and I mean you're still – I mean you told us in your application that you earn between \$500 and \$700 a month, and that's a great amount for somebody who's homeschooling and has four kids that you're homeschooling. It's crazy.

Lisa Eldridge: Yeah, it's been a blessing.

Caitlin Pyle: Yeah, and are you happy with where you are? Do you want to plan on growing your business, maybe as kids move out and go to school?

Lisa Eldridge: Right, yeah, I really like what I do, but I think I really would like to expand my skill set some, and definitely like what you were saying, as the kids get older and stuff, I can work more, and I found that with – my youngest is 4. I can obviously devote some more time to transcription now than when she was an infant. Those were hard days, but in the future and not-too-distant future, I would like to expand and do maybe even virtual assistant, looking into that. I actually purchased the Committed Level curriculum from the Work-At-Home School, and so –

Caitlin Pyle: Oh cool.

Lisa Eldridge: Yeah, there is obviously – I mean, wow, so much stuff in there. I just want to do it all now, but that's very smart. So I started out with the time management course because I think I can always be improving in that area. It's hard to balance everything. That's just – life is just a balancing act really. And then I also – because I think you should continue to improve your skills in whatever area you're in currently, I decided to start also doing Janet's Transcribe Anywhere modules because I figured even though I've been doing this for eight years, I can learn from her. I know that she's been doing this longer than I have, and so that's where I've started with that. But yeah, I'd like to kind of do other things, still virtual, like in the online space, but one day I would really, really like to have my own bakery, and I don't know if I would really want a brick-and-mortar business. Maybe I could do it out of my kitchen, that kind of thing, but I've been told I'm good at it, and I really enjoy, so that would be something cool.

Caitlin Pyle: Yeah, the best place to be is to do things that you can generate income with but that you also enjoy, and it sounds like transcription is a great thing. And really, Lisa, as a transcriptionist, you are a virtual assistant and so –

Lisa Eldridge: Oh, that's true.

Caitlin Pyle: Yeah, I mean those skills can translate to so many different things, and Work-At-Home School, Transcribe Anywhere, those are all great choices to expand your skills, and yeah, learning from Janet at Transcribe Anywhere. She knows how to market. She's got a killer marketing module, so I can't wait for you to get in there and get out there because that's what she's going to teach you to do. And so, yeah, I have no doubt that you're going to be able to expand your income. When you're ready to, you're going to be able to do that.

Let's talk about – continuing on with the theme of when you started, confidence. It's such a big theme in the Work-At-Home Heroes community. There's people like, Oh, I want to be confident before I start. And it's like, that's not the way it works. You have to have action before you have traction, and the more action you take and the more you learn, the more confident you're going to get, but if you're expecting to be confident about what you're doing on day one, it's not going to happen. And that keeps so many people in place. It keeps so many people from moving it's not even funny. So let's talk about day one for you. When you first started medical transcription, what was it like for you?

Lisa Eldridge: Yeah, that was a very stressful day. I had taken the course, and it was a very thorough course. I knew how to do it, but there's still that new feeling. There's the learning curve of just learning what the clients specifically want and all that kind of thing. So I was very nervous that first day, and it took me a little bit to kind of, I guess, grease the wheels to get my feet wet there to where I could build up speed. And then as I got to doing it, it got to be where it was getting to be pretty easy. You know what? I think it's just interesting the more confident

you are, that shows to your clients, too. You can just make yourself invaluable to your clients, and then there's always going to be work.

Caitlin Pyle: Yeah, as long as there's people with problems in the world, is what we say, there's always going to be opportunities for people to make money, and until the problems go away, which they never will, then there's always going to be opportunity out there for people who want it and the people who are willing to go out and learn new skills and people that are willing to flip the switch in their mind and say, Hey, yes, I have this problem. I need to earn money, but how am I going to earn money? By solving other people's problems, so start thinking about other people.

So if you're listening to this right now, me and Lisa talking about this – Lisa and I, sorry – Lisa and I talking about this, and you're wondering how to solve your own problems in terms of earning more money and you want to work at home, start thinking about other people: who has problems that you can solve, and what skills you need to learn to be able to solve those problems or what skills you have now that can solve people's problems right now. Start thinking about other people. Start talking to people, and it's all about solving problems. That's what making money is. Your life now is full and it's busy, and you've got two kids that are in high school, and you've got two younger children that are starting school, and you're homeschooling them so you're going to be grading a ton of papers.

Lisa Eldridge: Yes, for the next several years.

Caitlin Pyle: But you get to be home, and you get to supplement your husband's income. Let's talk about your family. We talked about you for a little while here. Let's talk about the people that surround you. Did you – when you started working at home back in the dark ages of working at home when people thought it was just MLM, and a lot of people still think that, were there people in your sphere of influence that were like, Uh, Lisa, what are you doing? Are you getting into a scam? Were they negative towards you? Were they jealous, envious, whatever?

Lisa Eldridge: Right. I don't remember having a lot of negative feedback. I think there was just mainly the concern because this was such a new and different thing. There was just concern that it was a scam, that I wasn't going to, for instance, make my money back that I spent on the medical transcription course, so there was that kind of concern. I don't remember people being really – there might have been some skepticism, but they didn't relate that to me. It was just concern mainly, thankfully. I know that not everybody can say that, but in my case, that's how it ended up being.

Caitlin Pyle: Yeah, and your husband was supportive the whole way as well, right?

Lisa Eldridge: Absolutely, yeah. He really has been supportive the whole time just with anything that I have talked to him about, even back during those earlier years when my children were young when we were even thinking about doing medical. And money was really tight, so dishing out some money for a course was kind of a big decision, but yeah, he's always been very supportive and encouraging and helpful. So I'm very, very thankful for that.

Caitlin Pyle: You made the money back on your transcription course I take it?

Lisa Eldridge: Yes, absolutely, thankfully, yeah. It didn't take too long really. I mean it really didn't. That's something to keep in mind.

Caitlin Pyle: I mean even in our Work-At-Home Heroes community, it's daunting. We just had our first launch of Work-At-Home School, and we pretty much gave away the farm for less than \$500 for our Committed package, and that was still – there was still so much fear around, oh my gosh, am I going to make this money back? Am I going to get this money back? Yes, you will if you do the work, if you solve problems, making \$500, in a year's time, you're going to be like, It's easy to make \$500, no problem.

Lisa Eldridge: Exactly, right.

Caitlin Pyle: Getting over that initial hump, and it's all money/mindset related. When you have it in your mind that \$497, \$500, whatever, even \$100 – if you have it in your mind that that is a ton of money and there's no way you're ever going to be able to earn that, then your mind is going to endeavor to make that true for you. But if you switch your mindset and you start saying, You know what? \$497, I can solve enough problems to make that much money, and you flip that switch and you started thinking about, Hey, yeah, I think I'm going to go find some people that need some help, and they'll pay me to help them. But if it's all resting on you and you have this mindset that money is a scarce resource and you've always struggled with money; why is it going to change now? Then your mind naturally looks for ways things are not going to work. So you've got to recognize that, and if you're listening to this right now, you've got to recognize that you have this mindset, these negative thoughts, the self-doubt in your mind that are saying you can't do this. It's too hard. It's a scam, this, that, and the other. There's nothing scammy about skills, number one.

Lisa Eldridge: That's so true.

Caitlin Pyle: There's nothing scammy about skills.

Lisa Eldridge: Well, and the more confidence you have, then the easier it is to put yourself out there. I know that I have these skills, and I know that you have this problem. How can I help you? And I really appreciate that about the whole theme of the Work-At-Home Summit and School was that I guess before that, I really never

thought of it in that way of you solving other people's problems, but that is just really true. I really appreciate that. It's something that's really made me think just about how to put myself out there.

Caitlin Pyle: When people hear business, a lot of times they think, Oh, it's Wall Street, or, Oh, it's McDonald's, or, it's this franchise, or it's an MLM or whatever. But really business is transactional, and it's people exchanging value for money, and what's value if not skills and problem solving, right? And so you've been doing that.

Lisa Eldridge: Exactly.

Caitlin Pyle: For the last eleven years, Lisa, and you're doing a great job.

Lisa Eldridge: Exactly.

Caitlin Pyle: Shifting gears a little bit because I know that people are curious about what your life looks like balancing everything. You said it was all about balance, and it totally is. What does your typical morning look like when you wake up in the morning and you've got four kids? You're homeschooling. You're working at home. What does it look like for you?

Lisa Eldridge: Right. I said earlier we don't have to be anywhere, which is nice, so there's not the rush of getting kids out the door for school, so our mornings are pretty laid back, and I really like that. We get up. Everybody eats breakfast. Sometimes I'll work out in the morning. One of my favorite things to do is just walking around our neighborhood just for some mama time, some time to myself, and some exercise. And our neighborhood is pretty quiet and safe, and so I just – I really enjoy that time.

Then the older kids get started on their stuff, and then I usually – I might run some errands, just doing chores and that kind of thing. So those are our mornings, and then I start with school with my younger two, specifically my son. He's in first grade. I do that after lunchtime, and then I'm teaching my 4-year-old now. I'm just starting with her teaching her how to read. We haven't really delved into a lot of preschool kind of things yet, but yeah, I figured I'd start her with that because she's champing at the bit, which is pretty neat. And then afternoons usually are reserved for – that's when I usually start my work day, mid afternoon, evening, and then sometimes when the kids are in bed and it's completely quiet, no distractions.

Caitlin Pyle: Nice, I like that, and before the show, we have everyone fill out an application, and one of the questions that we ask is how you keep yourself on track during the work day, and you used a phrase that I have used myself, and so I'm excited to get to talk about it with you. You do a brain dump, and so let's talk about

what that is for you, and we'll just – we'll have some fun talking about how we use that as a strategy. I use the same strategy.

Lisa Eldridge: Okay, great. Yeah, I've tried different planners over the years, but really what works best for me is just a cheap spiral notebook, and I just write down everything I know I need to do. I just get it all on paper, and so I – sometimes the list is really long. Sometimes it's not as long, but that's just to clear my mind so that I don't have something nagging or, Oh crud, I forgot to do that, type of thing later on. So I just get it all down so I know what I have to do, and then I love to cross things off my list, so that's a really big feeling of satisfaction, crossing those things off as I go. And then I can just look at it and see I've had a productive day or – even if your list is long, and I've had things like this before where my list is really long and I get, like, four things done. Well, I mean I still did a lot during the day. I just didn't get those particular things done, so you can still have a really productive day and not get everything done. Just add it to the next day, so that's how I do my brain dump. I've been doing that for a long time now.

Caitlin Pyle: Yeah, I love doing that. I do use a planner just so I can put appointments and stuff in there but –

Lisa Eldridge: Oh, sure.

Caitlin Pyle: – when it comes down to my to-do list, I just grab the nearest piece of paper. It could be the back of an envelope, and I start writing down the things because it really – and I do this at night a lot, too, because how many times have we – as women especially, we lay there, and we're going through the reel of things that we need to get done, the never-ending list, and we're just reciting it, reciting it, reciting it. But if I get up and I write all that stuff down, it's out of my head, and I don't have to – there's a reason that it keeps running through my head is because I don't want to forget it

And it's like this subconscious thing that's built in, like don't forget to do this. You've got to do that and planning out my day. Sometimes I just don't get sleep when I get done brain dumping right in the middle of the night, and so I'm like, You know what? If I can't sleep, why not use this time to go and do some of the stuff on the list, right? How much can I get done in the next hour? And by the time that hour is past, I've done a lot of work, and then I can sleep in the next morning, guilt free if I can. Maybe I don't have to get up and do something or be somewhere or whatnot, but brain dumping is the best thing ever. And then I like to put little boxes so I can check things down and cross things out. It's really, really motivating. You don't forget anything, and I'm quite motivated as well, crossing those items off the list. And like you said, some days you get it all done; others you don't. And then you still have it on paper, and so you can just go through and transfer things over, and sometimes that's a good exercise as well.

Go to the next page and write down the things you didn't get done on your new list and –

Lisa Eldridge: Right.

Caitlin Pyle: – put a new box there, and you don't look at it as a failure that way at all, and I have this thing where I say this is my – I mean this is a clean podcast, but I don't think anyone is going to get offended. I have my bare-ass minimum, the thing I have to get done today, the thing that I have to get done today to make it a win. And so if I get this one thing done that's going to keep some balls rolling, get some results going with business or whatever, move the project forward, then today can be a win. And that's how I can keep myself from not getting too burnt out or becoming a workaholic or feeling like I need to down half a bottle of wine when I get done with my work or whatever.

But I love that you take a walk in the morning because that's a great way to clear your head as well, and there have been times in the past – I'm an open book, and so I have no qualms against saying this where, when I was living in South America, first building my business, and I would work fourteen-to-sixteen-hour days, and I would drink half a bottle of wine a day because I felt like I needed it. But to replace that habit, I started going on walks, and I found that it has the exact same decompressive, stress-relieving benefits. Plus I get to burn some calories and really just walking away from the computer for a few minutes helps as well, and you can lay down and close your eyes, breathe, many different ways to relieve stress other than drinking wine, not that I never drink wine.

Lisa Eldridge: Right, there are other ways to do it.

Caitlin Pyle: Yeah, it's all about strategy and figuring out what works and what you need and, of course, I'm not going to walk out in the rain, but I do love my fitness trampoline, so sometimes I just jump on that.

Lisa Eldridge: Oh, nice.

Caitlin Pyle: And watch a show on Netflix, escape a little bit because we do need to create that work/life balance. That's actually my next question is about work/life balance. How many hours are you working during a week on your transcription business?

Lisa Eldridge: Right. I usually work ten to fifteen on average. Some weeks are busier, like this week has been pretty light. I haven't had a whole lot going on, but usually it's about ten to fifteen hours, and even in those slower periods, it all seems to kind of even out at the end. So probably when the kids are a little older I'll be able to work more, but at this point, that's about perfect for me right now.

Caitlin Pyle: Like you said, life is a balancing act, and you're doing what you can now, and you're happy with where you are right now, and I think that's really important, and some people are always thinking – I think there's a difference between being – you can be happy but not satisfied, and it sounds like that's where you're at. You're like, I know there's more and I want that, but I'm happy with where I am right now, and I'm going to not wish my life away, right? You've got your kids at home, all of them right now, and so you're really enjoying that, and I think that's super, super important because a lot of times we can get ourselves caught up with where are we going next? Where are we going next? How much money can I make? How can I get the most clients?

And that's a big way to just crash and burn because you take on too much and then sometimes get disappointed, and maybe you're not as up to speed with your skills as you thought you were. And so maybe you bite off more than you can chew, and the fastest way – it's what I say to my proofreaders especially over at Proofread Anywhere, I say if you go out on day one and get fifty clients and you don't really know what you're doing because you skipped the practice or you're trying to take shortcuts or whatever, you're going to ruin your reputation faster than anything.

Lisa Eldridge: Oh yeah, that sounds like a nightmare.

Caitlin Pyle: Yeah, exactly. So final question for you, Lisa, I just want to make sure I ask this. I ask it of all our guests because it's really the number-one thing that we get in my inbox. In the Work-At-Home Heroes Facebook group, people are always talking about fear, that four-letter word, fear. So if there's people listening to this right now and they're like, Oh, well – their mindset, right? It's going right now, and they're saying, Lisa, you've been working at home for eleven years. You got in when the getting was good. You got lucky, this, that, and the other, that we're some special super humans, you and I. So there's people that are just shaking in their boots, or maybe there's some people on the opposite end of the spectrum and they're like, Okay, I really want to do this, but I'm so scared. Why is this fear so crippling? And so I wanted to ask you for advice for those people. You're a life coach for the next two minutes. What advice would you give to the people who are scared to get started, Lisa?

Lisa Eldridge: Right. I think you need to do research on whatever field, whatever niche you want to specialize in, but at some point you've got to put that research to the side and just close your eyes and jump. I mean that's really kind of the best analogy I can think to liken it to. That fear factor is huge. I remember back when I was blogging a little bit more regularly, I wanted to share on Facebook, but I was so scared. I thought what if they're not going to like it? What if they think I sound stupid? But I thought I just need to do it. I just want to do it. So I just thought I'm just going to do it. I posted it, and I got a lot of great feedback.

So what if it – you have all these voices in your head, the self-doubt, the fear, but what if it turns out to be amazing? And then you won't ever know unless you try. So – and I read a quote – this was a few months ago now, but it just really stuck with me. It says don't miss out on something that could be great just because it could also be difficult, and I thought, wow, that's something I need to just remember, not just with work but with any area of life really. I mean homeschooling – that's really difficult, but it's definitely great.

Really I mean sometimes I have tough days. Sometimes I just – I'm trying to do all the things, but really I mean I have – it's just – there are so many blessings that come from working from home, supplementing my husband's income. We have never had to pay for daycare since the kids have been born. I've never had to do the 9-to-5, dealing with traffic and – not that the area we live in has a whole lot of traffic, but still I don't have to deal with any of that. So really just do it. You're just going to have to go for it. Invest in yourself. And that's – when I bought the Committed Level package, I thought – I was talking with David about it, and I thought this – we could look at it really as an investment in me to strengthen and further some of my skills. Look at it kind of as an investment.

Caitlin Pyle: Yeah, and I mean –

Lisa Eldridge: And you'll recoup that.

Caitlin Pyle: **[indiscernible\_00:24:15]** and I think that there is something to be said about people who think, Oh, I'm spending the money. No, you're not. Spending money is you're spending money on clothes, shoes, that you don't really get anything in return, and eventually those shoes and clothes are going to wear out, and you're going to have to spend more money to buy more. But when you invest in your skills, you invest in yourself. And people can take away your job. They can take away your hair, your – so many things in life can be taken away from us, but you cannot have your skills taken away from you.

And that's what's great about working at home because you don't work for any employer who can make up a reason to terminate you at a moment's notice. And there's this misconception that a real job, corporate job, sitting at a desk 8 to 5, 9 to 5, whatever, that that is job security, and it's not. Skills are the new job security, and I have that quote that you said right in front of me, and it says – I'm going to read it again for the audience. Don't miss out on something that could be great just because it could also be difficult, and that reminded me of the quote. It's Earl Nightingale. Never give up on a dream just because of the time it will take to accomplish it. The time will pass anyway. And that is so, so true.

Lisa Eldridge: Oh wow.

Caitlin Pyle: Yeah, I think that's just great advice from you, Lisa. Get started. What if it turns out great, and you're never going to know unless you try? And the reality is there's somebody at home right now who's thinking that you want to step and you've been trying and trying and trying. Nothing is working. You've got to try something different. You've got to do something different to get results that you've never gotten before and so –

Lisa Eldridge: Exactly.

Caitlin Pyle: Otherwise, we're just beating our heads against the wall.

Lisa Eldridge: Yep, and then you'll still be in the same spot you were before, and you haven't done anything about it, so just do it.

Caitlin Pyle: Exactly.

Lisa Eldridge: And the work is there, too. I mean if you think about podcasting. I mean that's really taken off, and like you said before, people want to read. My husband love audiobooks and that kind of thing and listening to podcasts, but I like to just get down to it and just read it. And I know that, like you said, you're that way, too. A lot of people are that way. The work is out there for transcriptionists. It just is, so go for it.

Caitlin Pyle: Yeah, thank you so much for being here on the show, Lisa. Where can people reach you if they have questions?

Lisa Eldridge: They can find me at the Work-At-Home Heroes Facebook group.

Caitlin Pyle: Cool, so they can just tag you, ask you questions, and there's probably a thread in there right now. You can go and talk to Lisa. Talk to her about the episode. Ask her any questions, and if you're interested in transcription, check out [transcribeanywhere.com](http://transcribeanywhere.com). Thank you again so much for being on Work-At-Home Heroes, Lisa.

Lisa Eldridge: Thank you. It's been a pleasure.

Outro: Thanks for listening to the Work-At-Home Heroes podcast with Caitlin Pyle. Be sure to listen to previous episodes at [caitlinpyle.co/podcast](http://caitlinpyle.co/podcast). While you're there, read the show notes and check out all the great links and resources mentioned in this episode and more. You can also subscribe to the Work-At-Home Heroes podcast so you'll automatically be notified when our next episode is available. Remember, as Caitlin says, mo' skills means mo' money.